

# Lake Superior Boys Conference- 5/17/2016 - Cloquet -NBC Spartan Sports Complex

## Teams:

1) Cloquet	160	2) Superior	139
3) Hermantown	137.50	4) Ashland	100.50
5) Proctor	68.50	6) Duluth Denfeld	54.50
7) Marshall School	30		

## Boys 100 Meter Dash

Conference: & 10.74 5/16/2007 Chris Anderson, Duluth Centr

Name	Year School	Finals	H#	Points
1 Terrance Wenzel	12 Proctor	11.23	3	10
2 Jonathan Burt	10 Marshall Sch	11.34	3	8
3 Mitchell Anderson	12 Superior	11.83	3	6
4 Wryott Gerson	9 Duluth Denfe	11.90	2	5
5 Aahsan Maigag	10 Cloquet	11.97	3	4
6 Brendan Baker	12 Hermantown	12.17	2	3
7 Logan Judnick	11 Hermantown	12.18	2	2
8 Omar King II	10 Superior	12.21	3	1
9 Gunnar Gronski	10 Superior	12.22		3
10 Cody Sunie	10 Ashland	12.26		2
11 Mitchell Gerlach	10 Cloquet	12.34		3
12 Austin Broska	9 Duluth Denfe	12.42		2
13 AJ Maas	11 Proctor	12.43		2
14 Dylan Johnson	11 Cloquet	12.54		3
15 Zack Brendon	12 Hermantown	12.55		2
16 Tyler Moen	12 Proctor	12.60		2
17 Jack Custer	10 Ashland	13.03		1
18 Ethan McDonnell	9 Marshall Sch	13.22		1
19 Tyler Eaton	12 Duluth Denfe	13.28		1

## Boys 200 Meter Dash

Conference: & 22.23 2007 Chris Anderson, Duluth Centr

Name	Year School	Finals	H#	Points
1 Terrance Wenzel	12 Proctor	22.62	3	10
2 Jonathan Burt	10 Marshall Sch	22.65	3	8
3 Christian Comstock	12 Hermantown	22.86	3	6
4 Mitchell Anderson	12 Superior	23.71	3	5
5 Wryott Gerson	9 Duluth Denfe	24.06	2	4
6 Nate Rosholt	12 Duluth Denfe	24.11	3	3
7 Gunnar Gronski	10 Superior	24.19	3	2
8 Zach Wetzel	12 Proctor	24.30	2	1
9 Nicholas Litke	9 Cloquet	24.52		2
10 Dylan Czech	11 Cloquet	24.58		2
11 Tyler Moose	10 Cloquet	24.70		2
12 Benjamin Olson	10 Hermantown	24.73		2
13 Ike Brunsvold	12 Ashland	24.89		2
14 Cody Sunie	10 Ashland	24.90		2
15 Omar King II	10 Superior	25.04		3
16 Jeff Leone	11 Proctor	25.29		1
17 Jackson Brinker	11 Ashland	25.63		1
18 Jesse Lebsack	10 Marshall Sch	26.62		1
19 Noah Jackson	11 Duluth Denfe	26.78		1
20 Nathan Crawford	9 Marshall Sch	26.96		1

## Boys 400 Meter Dash

Conference: & 49.47 2007 Chris Anderson, Duluth Centr

Name	Year School	Finals	H#	Points
1 Jonathan Burt	10 Marshall Sch	51.15	3	10
2 TJ Gamradt	11 Hermantown	51.64	3	8
3 Nate Rosholt	12 Duluth Denfe	53.24	3	6
4 Andre Couture	12 Cloquet	53.54	3	5
5 Auggie Gow	10 Hermantown	53.59	2	4
6 Ross Kennelly	12 Superior	53.75	3	3
7 Nicholas Long	12 Superior	54.20	3	2
8 Austin Broska	9 Duluth Denfe	54.51	2	1
9 Nicholas Ferrando	11 Superior	54.66		3
10 Conner Denman	11 Cloquet	55.03		3
11 Ike Brunsvold	12 Ashland	55.11		2
12 Dylan Czech	11 Cloquet	55.37		2
13 Ethan Graff	10 Ashland	56.11		2
14 Matt Nylund	11 Proctor	56.67		1
15 Brett Bower	9 Proctor	56.96		2
16 Aaron Goman	11 Duluth Denfe	57.40		2
17 Bryden Urie	11 Proctor	57.88		2
18 Jake Murillo	11 Hermantown	59.61		1
19 Jesse Lebsack	10 Marshall Sch	63.51		1
20 Hamza Khan	12 Ashland	70.32		1

#### Boys 800 Meter Run

Conference: & 1:58.89 2003 Kyle Schmidt, Hermantown				
Name	Year School	Finals		Points
1 Conner Denman	11 Cloquet	2:04.49		10
2 Walker Miller	10 Ashland	2:06.44		8
3 Nathan Ferrando	11 Superior	2:06.84		6
4 Parker Sinkkonen	11 Cloquet	2:07.33		5
5 Blake Hanson	10 Superior	2:08.57		4
6 Chase Urie	12 Proctor	2:09.19		3
7 Max Plunkett	10 Superior	2:09.65		2
8 Jean-Luc Genereau	11 Cloquet	2:09.74		1
9 Mason Thedens	10 Hermantown	2:10.05		
10 John Hultman	9 Duluth Denfe	2:15.40		
11 Talon Day	11 Ashland	2:16.11		
12 Nathan Bich	11 Hermantown	2:16.43		
13 Brendan Hill	12 Duluth Denfe	2:17.56		
14 Thomas Dougherty	12 Proctor	2:17.64		
15 Evan Ruikka	11 Marshall Sch	2:18.45		
16 Dawson Prisk	11 Hermantown	2:20.11		
17 Ian Pufall	11 Ashland	2:25.34		
18 Ben Kuettel	10 Proctor	2:44.49		

#### Boys 1600 Meter Run

Conference: & 4:20.79 5/14/2013 Bryce Miller, Ashland				
Name	Year School	Finals		Points
1 Isaac Boedigheimer	11 Cloquet	4:42.33		10
2 Maury Miller	10 Ashland	4:42.34		8
3 Benjamin Mattinen	12 Cloquet	4:48.87		6
4 David Birkland	10 Hermantown	4:52.00		5
5 Evan Ruikka	11 Marshall Sch	4:55.88		4
6 Zachary Tharge	11 Superior	5:01.01		3
7 James Powe	12 Duluth Denfe	5:02.87		2
8 Ethan Matzdorf	10 Cloquet	5:03.28		1
9 Nicholas Long	12 Superior	5:09.47		
10 Alex Demingi	8 Proctor	5:16.84		

11 Luke Denninger	9 Superior	5:24.33
12 Weston Williams	10 Duluth Denfe	5:27.78
13 Jackson Spry	11 Marshall Sch	5:31.02
14 Tate Overlie	9 Proctor	6:47.28

#### Boys 3200 Meter Run

Conference: & 9:35.89 5/14/2013 Bryce Miller, Ashland

Name	Year School	Finals	Points
1 Isaac Boedigheimer	11 Cloquet	10:07.02	10
2 Walker Miller	10 Ashland	10:10.54	8
3 Maury Miller	10 Ashland	10:18.19	6
4 Alex Mercier	12 Proctor	10:41.95	5
5 Benjamin Mattinen	12 Cloquet	10:50.37	4
6 Mark Monte Jr.	10 Hermantown	11:06.33	3
7 Ethan Matzdorf	10 Cloquet	11:16.44	2
8 Brendan Crayne	11 Superior	11:25.79	1
9 Darien Karsiko	10 Proctor	11:37.80	
10 Jackson Karren	9 Superior	11:52.51	
11 Logan Rosholt	9 Duluth Denfe	12:32.85	
12 Tim McPherson	10 Ashland	12:47.03	

#### Boys 110 Meter Hurdles

Conference: & 15.35 2002 Joe Idziorek, Hermantown

Name	Year School	Finals	H#	Points
1 Jon Litersky	12 Ashland	16.40	2	10
2 Brendan French	12 Superior	16.51	2	8
3 Dyllan Murray	10 Hermantown	16.82	2	6
4 Brendan Baker	12 Hermantown	17.26	2	5
5 Jordan Senegal	12 Hermantown	17.99	2	4
6 Justice Koepp	11 Proctor	18.53	2	3
7 Nat Anderson-Harkreader	9 Superior	18.65	2	2
8 Cody Hampton	10 Proctor	18.70	1	1
9 Jay Boder	11 Cloquet	19.51		
10 Ian Pufall	11 Ashland	19.79		
11 Nicholas Litke	9 Cloquet	20.36		
12 Caleb White	12 Duluth Denfe	20.57		1
13 Peter Olson	11 Cloquet	20.81		2
14 William Flynn	10 Superior	20.95		1

#### Boys 300 Meter Hurdles

Conference: & 40.72 5/14/2013 Anthony Litersky, Ashland

Name	Year School	Finals	H#	Points
1 Gunnar Gronski	10 Superior	42.71	3	10
2 Collin Trout	12 Cloquet	42.91	3	8
3 Dyllan Murray	10 Hermantown	43.49	3	6
4 Brendan French	12 Superior	43.76	3	5
5 Garrett Hobson	12 Superior	43.89	3	4
6 Kevin Harris	11 Hermantown	44.61	3	3
7 Jordan Senegal	12 Hermantown	44.65	3	2
8 Jon Litersky	12 Ashland	45.31	3	1
9 Nicholas Litke	9 Cloquet	45.55		
10 John Waltjer	11 Cloquet	45.72		
11 Cody Hampton	10 Proctor	45.82		
12 Dakota Craig	11 Ashland	46.25		
13 Tyler Moen	12 Proctor	48.61		
14 Connor Feyen	9 Duluth Denfe	49.46		1

15 Caleb White	12 Duluth Denfe	49.47	1
16 Justice Koepp	11 Proctor	50.62	2
17 Jackson Spry	11 Marshall Sch	52.29	1

#### Boys 4x100 Meter Relay

Conference: & 43.40 2004 , Hermantown  
 School Finals Points

1 Proctor 'A'	44.73	10
1) Zach Wetzel 12	2) Dakota Ellis Ciacco 11	
3) Chase Urie 12	4) Terrance Wenzel 12	
2 Superior 'A'	45.01	8
3 Hermantown 'A'	46.43	6
4 Cloquet 'A'	47.39	5
5 Ashland 'A'	48.21	4
6 Duluth Denfeld 'A'	51.52	3

#### Boys 4x200 Meter Relay

Conference: & 1:32.28 2004 , Hermantown  
 School Finals Points

1 Hermantown 'A'	1:33.92	10
1) Nolan Halverson 11	2) TJ Gamradt 11	
3) Matthew Carlson 12	4) Christian Comstock 12	
2 Cloquet 'A'	1:36.21	8
3 Superior 'A'	1:38.14	6
4 Proctor 'A'	1:41.17	5
5 Ashland 'A'	1:44.81	4
6 Duluth Denfeld 'A'	1:46.59	3

#### Boys 4x400 Meter Relay

Conference: & 3:31.08 5/16/2006 Hermantown High School, Hermantown  
 B Johnson, R Schmidt, J Halverson, C Kucza  
 School Finals Points

1 Hermantown 'A'	3:31.90	10
1) Matthew Carlson 12	2) Matt Valure 11	
3) Christian Comstock 12	4) TJ Gamradt 11	
2 Cloquet 'A'	3:33.31	8
3 Superior 'A'	3:33.86	6
4 Proctor 'A'	3:41.22	5
5 Ashland 'A'	3:46.08	4
6 Duluth Denfeld 'A'	3:47.97	3

#### Boys 4x800 Meter Relay

Conference: & 8:19.44 5/17/2011 Proctor, Proctor  
 R Benish, M Welch, C Carlson, T Haedrich  
 School Finals Points

1 Cloquet 'A'	8:31.73	10
1) Jean-Luc Genereau 11	2) John Waltjer 11	
3) Otto Cockburn-Barnes 8	4) Parker Sinkkonen 11	
2 Hermantown 'A'	8:31.92	8
3 Superior 'A'	8:45.62	6
4 Duluth Denfeld 'A'	8:54.76	5
5 Proctor 'A'	9:34.27	4
6 Ashland 'A'	11:02.84	3

## Boys High Jump

Conference: & 6-05 2004 Roy Levitt, Two Harbors

Name Year School Finals Points

1	Brandon Myer	12 Superior	5-10.00	10
2	Spencer Mayasich	12 Cloquet	J5-10.00	8
3	Chase Urie	12 Proctor	5-08.00	6
4	Blake Hill	12 Duluth Denfe	5-06.00	4.50
4	David Cornelius	9 Hermantown	5-06.00	4.50
6	Nathan Bich	11 Hermantown	J5-06.00	3
7	Jordan Wetterlind	12 Proctor	5-04.00	2
8	Tom Sandberg	12 Ashland	J5-04.00	1
9	Auggie Gow	10 Hermantown	J5-04.00	
10	Aahsan Maigag	10 Cloquet	5-02.00	
11	Talon Day	11 Ashland	J5-02.00	
12	Tyler Moen	12 Proctor	J5-02.00	

## Boys Pole Vault

Conference: & 13-06 5/18/2010 Kevin Olson, Superior High Sc

Name Year School Finals Points

1	Foster Stromgren	12 Superior	12-00.00	10
2	Derek Huston	12 Duluth Denfe	11-06.00	8
3	Ian Pufall	11 Ashland	11-00.00	6
4	Joseph Gotchnik	12 Cloquet	10-06.00	4.50
4	Wyatt Benson	12 Cloquet	10-06.00	4.50
6	Dontae Thompson	11 Ashland	10-00.00	3
7	James Kirchoff	10 Superior	J10-00.00	2
8	Ben Nicolson	11 Proctor	9-06.00	0.50
8	Tom George	11 Ashland	9-06.00	0.50
10	Connor Feyen	9 Duluth Denfe	9-00.00	
11	Branden McClure	10 Superior	8-06.00	
11	Eli Benson	9 Cloquet	8-06.00	
13	Logan Rosholt	9 Duluth Denfe	8-00.00	
13	Seth Schweiger	11 Proctor	8-00.00	

## Boys Long Jump

Conference: & 21-10 5/15/2012 Eric Miklausich, Marshall Sch

Name Year School Finals Points

1	Caleb Steinert	12 Hermantown	20-10.00	10
2	Nicholas Ferrando	11 Superior	19-04.50	8
3	Mitchell Anderson	12 Superior	18-11.50	6
4	Brendan French	12 Superior	J18-11.50	5
5	Wryott Gerson	9 Duluth Denfe	18-11.00	4
6	Blake Hill	12 Duluth Denfe	18-10.00	3
7	Joseph Gotchnik	12 Cloquet	18-05.50	2
8	Alex Leuzzo	9 Cloquet	18-05.00	1
9	Collin Trout	12 Cloquet	17-02.25	
10	Ike Brunsvold	12 Ashland	17-00.50	
11	Jackson Brinker	11 Ashland	16-10.50	
12	Jeremiah Cornelius	12 Hermantown	16-10.00	
13	Austin Broska	9 Duluth Denfe	16-00.00	
14	Cody Hampton	10 Proctor	15-06.75	
15	James Lindberg	12 Hermantown	15-05.00	
16	Cody Sunie	10 Ashland	14-05.50	
17	Ethan McDonnell	9 Marshall Sch	14-02.50	
18	Nathan Crawford	9 Marshall Sch	13-05.50	

### Boys Triple Jump

Conference: & 43-07 5/14/2013 Anthony Litersky, Ashland

Name Year School Finals Points

1 Collin Trout	12 Cloquet	40-07.50	10
2 Caleb Steinert	12 Hermantown	40-07.00	8
3 Joseph Gotchnik	12 Cloquet	40-01.00	6
4 Brandon Myer	12 Superior	38-08.25	5
5 Shane Tutor	12 Ashland	38-04.25	4
6 Jordan Wetterlind	12 Proctor	36-09.50	3
7 David Cornelius	9 Hermantown	36-02.50	2
8 Andre Peters	9 Superior	36-00.75	1
9 Dylan Johnson	11 Cloquet	35-07.50	
10 Justice Koepp	11 Proctor	35-01.50	
11 Joseph Carter	10 Superior	34-10.00	
12 Brendan Hill	12 Duluth Denfe	34-05.25	
13 Jack Custer	10 Ashland	33-07.50	
14 Connor Feyen	9 Duluth Denfe	33-06.50	
15 Jon Litersky	12 Ashland	33-06.25	
16 Easton Vehral	10 Hermantown	32-00.00	
17 Isaak Talarico	11 Duluth Denfe	24-04.50	

### Boys Shot Put

Conference: & 51-11 5/15/2012 Jeremy Peterson, Hermantown

Name Year School Finals Points

1 Shane Tutor	12 Ashland	49-03.00	10
2 Evan Erickson	11 Cloquet	49-00.50	8
3 Cody McShane	12 Hermantown	47-02.00	6
4 Tom Sandberg	12 Ashland	45-03.00	5
5 Will Richeson	12 Ashland	43-07.00	4
6 Lucas Siefers	12 Hermantown	41-07.00	3
7 Dusty Manty	12 Cloquet	41-06.00	2
8 Joseph Miller	12 Superior	39-07.00	1
9 Dylan Lauer	1 Cloquet	37-06.00	
10 Logan Parzych	12 Duluth Denfe	37-02.00	
11 Josiah McDonald	11 Superior	37-01.00	
12 Beau Adams	11 Proctor	35-09.50	
13 Adam McRae	10 Proctor	33-01.00	
14 Chase Summerfield	9 Superior	32-10.00	
15 Josh VanBaalen	11 Hermantown	31-03.00	
16 Alex Wilcox	11 Duluth Denfe	30-11.50	
17 Jeremiah Greene	10 Duluth Denfe	30-09.00	
18 Ethan McDonnell	9 Marshall Sch	28-08.00	
19 Justen Bushnell	11 Proctor	26-08.00	

### Boys Discus Throw

Conference: & 159-01 5/17/2011 Cortez Ham, Duluth Centr

Name Year School Finals Points

1 Evan Erickson	11 Cloquet	168-08&	10
2 Cody McShane	12 Hermantown	151-11	8
3 Shane Tutor	12 Ashland	128-00	6
4 Tom Sandberg	12 Ashland	127-04	5
5 Dylan Lauer	1 Cloquet	126-07	4
6 Dusty Manty	12 Cloquet	126-04	3
7 Lucas Siefers	12 Hermantown	117-11	2
8 Joseph Miller	12 Superior	106-09	1
9 Jeremiah Cornelius	12 Hermantown	106-03	

10 Andrew Gilinski	12 Proctor	99-03
11 Brandon Foerst	12 Superior	96-07
12 Will Richeson	12 Ashland	94-04
13 Josiah McDonald	11 Superior	88-05
14 Logan Parzych	12 Duluth Denfe	83-02
15 Adam McRae	10 Proctor	81-05
16 Pavle Lippert	10 Proctor	81-02
17 Weston Williams	10 Duluth Denfe	74-03
18 Nathan Crawford	9 Marshall Sch	74-02
19 Alex Wilcox	11 Duluth Denfe	73-11